



PIONEER MIDDLE SCHOOL PANTHER POST

Week of January 27, 2020

“All students will learn and grow academically, socially, emotionally and physically!”

“If you have never been hated by your child, you have never been a parent.”

~Bette Davis

The Week Ahead

- **Monday**
 - Family Literacy Day
- **Tuesday**
 - Gr. 6 Band Concert & Info. Night 7:00PM
- **Thursday/Friday**
 - PD Days - No School for Students

Dates to Remember

- February 3: School Council 7:00PM
- February 6: Pizza Lunch
- February 14: Red & White for Flag & Valentine's Day
- February 17-21: No School for Students
- February 26: School Ski Trip
- February 26: Pizza Lunch
- March 2: School Council 7:00PM
- March 6: PD Day - No School for Students
- March 10: Pizza Lunch
- March 13: St. Patrick's Day Dance
- March 16-20: Kiwanis Festival
- March 23-25: Grade 8 & 9 Camp Caroline
- March 26: Pizza Lunch
- March 26: Report Cards Go Home
- March 30: PD Day - No School for Students
- March 31: Jazz Concert
- April 1-2: Jazz 8 Trip
- April 1-2: Parent Teacher Interviews 4:00-7:00PM
- April 2: School Speech Comp.

Items of Note

Monday is **Family Literacy Day**. We encourage families to read together for 15 minutes today... and every day. Reading is good for you and your children.

This month's PD days focus on two of our most important school roles: **literacy & numeracy**. Staff will be gathering to learn more about best practices on teaching & learning reading, writing, and mathematics.

Work hard to **keep the lines of communication open with your preteen**. As they face the challenges in this stage of their life, it is your guiding voice you want in their head; not media, not peers, not YouTube, not Instagram.

NATIONAL READING CAMPAIGN & CBCbooks present

Readers Save The World!

...well not really, but:

READING IS GOOD FOR YOU

On average, readers have better:

- Physical Health (Red cross icon)
- Empathy (Person icon)
- Mental Health (Brain icon)

Reading for as little as 6 minutes can:

6 Min = 60% ↓ **STRESS** + [Heart icon] + [Meditation icon]

reduce stress by 60%, slow heart beat, ease muscle tension and alter your state of mind

Reading reduces stress:

- 68% Listening to music (Headphones icon)
- 100% Drinking a cup of tea (Teacup icon)
- 300% Going for a walk (Shoe icon)
- 600% Playing a video game (Controller icon)

READING IS GOOD FOR OTHERS

Readers are more likely to help non-profit organizations:

- Donating: Readers 82%, Non-readers 66% (Goods and Money)
- Volunteering: Readers 42%, Non-readers 25%

AND YOU'LL BE IN GOOD COMPANY

- 61% of Canadians have a library card
- 360 million library visits across CANADA (↑ = 10 million library visits)
- 590 million publications borrowed from LIBRARIES (↑ = 10 million publications)

So get reading - it literally makes you a better person. Together we'll make the world a better place!

Library numbers from 2012. All stats compiled by the National Reading Campaign. Learn more at nationalreadingcampaign.ca and cbc.ca/books