

Life Skills Program for Single Parents – Innovative Delivery



Do you:

Live in a rural or small town in central Alberta?

Need access to a life skills and career coach from your own home?

Want to enhance your skills and increase your employability?

Need help connecting to resources?

Have limited access to transportation?

The Life Skills Program for Single Parents offers distance delivery through virtual meetings and teleconferencing.

Program Enrollment

- Eligible participants will be single parents looking for employment support
- 18 years of age or older
- Living in rural areas and small towns in Central Alberta (**Excluding: Red Deer, Wetaskiwin, and Lloydminster**)
- Single parents who have full or partial custody of their child/children
- Connect through the option that best works for you: **Phone, FaceTime, Email, Skype or Zoom**

Our Remote Services

- Supported Job Search
- Career Counselling
- Life Skills Sessions
- Professional Resume/Cover Letter Development
- Employment Readiness Coaching

Ready to Get Started?

For detailed information about the program contact:

Dionne Warren

Life Skills and Career Coach

E. Dionne.Warren@bredin.ca

P. 587-273-0225 ext. 2527

www.bredin.ca

START TODAY!

Online Employment Support



Bredin Centre for Learning

500 5010 43rd Street

Red Deer, Alberta

T4N 6H2

Our Mission Statement

Bredin Centre for Learning provides responsive services that empower and connect people to fully contribute to our community through pathways to education and employment.

Alberta